



Westcroft

Stanhope

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Dear Parent & Carers

3rd October 2025

Re: World Mental Health Day

Friday 10th October 2025 is World Mental Health Day and the theme this year is 'Hello Yellow'.

We are asking children to wear something yellow on Friday. Please note it is not non-uniform – they should still wear their school uniform but try to include something yellow such as socks, headband etc.

Our Teachers have lots of fun activities arranged for the children to access across the day and we are going to create a huge display in the hall of sunflowers. The children will be making sunflowers with positive messages about how we can look after our mental health.

Our Early Years team are inviting parents & carers to come along to a 'sharing table' for breakfast when you drop your children off in Early Years on Friday morning so please see the message on Class Dojo from Mrs Quiney for more information.

Taking care of ourselves and others is a huge skill which every person needs to learn and next week is an integral part of our school vision of KFC.

Yours sincerely

Mrs D Cross

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Head Teacher