### **Kinship Care**

This refers to members of a family, usually Grandparents, Aunts or Uncles, who take on the responsibility for a child in their family.

This is an incredible and self-less thing to do for a family member and can be extremely challenging and satisfying too.

Below are details of organisations who can help anyone involved in Kinship Care:

### **More than Grandparents**

morethangrandparents@gamil.com

### **Grandparents plus**

0300 1237015

www.grandparentsplus.org.uk

### **Grandparents Association**

0845 434339585

advice@grandparents-association.org.uk

### **Family Rights Group**

08088 010366

www.FRG.org.uk

## Let us support you!

have had similar experiences. We arrange regular social events and cuppa and a chat to people who relaxation to reduce feelings of meetings where you can have a We hold regular peer support opportunities for respite and isolation and to encourage positivity and mental and physical wellbeing.

- Peer support
- 1-1 support, advice and guidance
- learn your rights and entitlements



### Publications

### Who loves me?









### Melanie Tel. 07501191338 Contact us

Morethangrandparents@gmail.com

First Floor, 145 High Street West Lambton House West Sunniside Tyne and Wear Sunderland **SR1 1UW** 

Find us on





Supported by









### More than Grandparen Supporting kinship families

Charity no. 1173253

www.morethangrandparents.co

# Are you a Kinship Carer?

Kinship carers are people who are raising their their grandchildren or a relatives or friends child because they cannot live with their birth parents. This can be for a variety of reasons such as parental substance misuse, poor mental health or death of a parent but sometimes its because the children have been abused or neglected by their parents and they have been removed by the Local Authority to keep them safe.

"My grandson was hurt by his mam, Children's Services placed him with me, I am his Special Guardian

Raising someone else's child is a huge responsibility particularly if the child you are caring for has emotional difficulties as a result of early years trauma. For a grandparent parenting a second time around it can be exhausting and isolating and at times extremely stressful and a daunting experience.



### "I felt like I was the only one this had ever happened to"

More than Grandparents is an independent registered charity based in Sunderland ran by and for kinship carers and their families. Because we are Kinship carers ourselves we understand how lonely you can sometimes feel or how sometimes you can feel embarrassed by what has happened to your family and how difficult and challenging our children's behaviour can be



www.morethangrandparents.com