

ONLINE SAFETY





Cyber Bullying

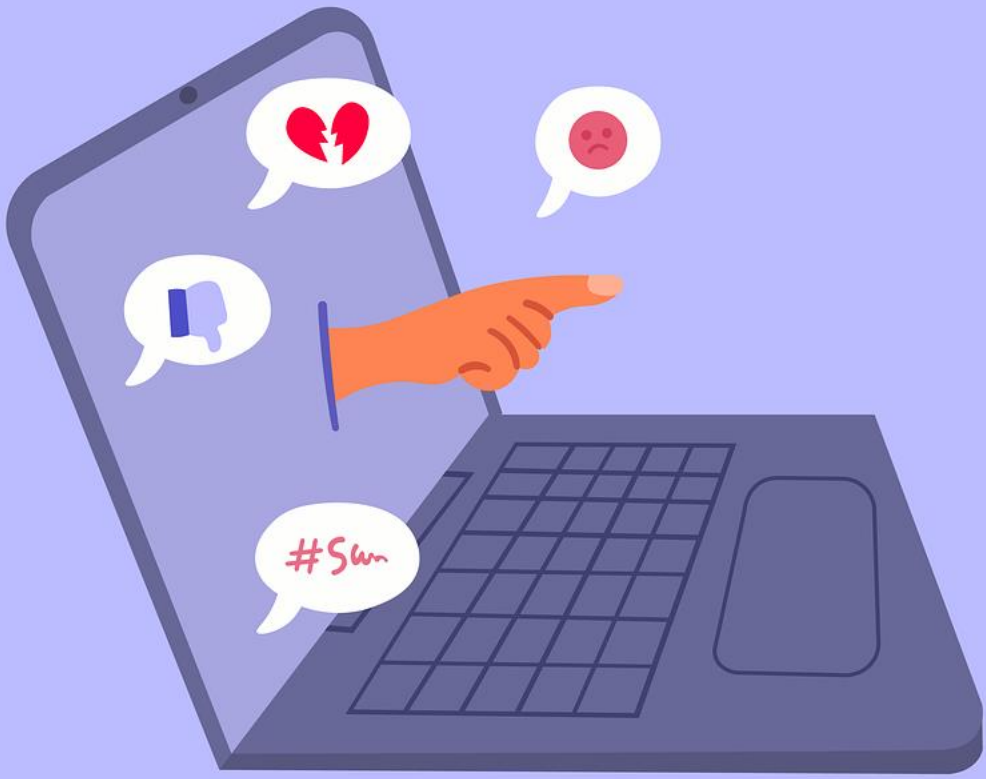


Online Grooming



Online Safety





WHAT ARE THE EFFECTS OF CYBER BULLYING?

Anger

Isolation

Depression

illness

Humiliation



	EXAMPLE 1	EXAMPLE 2	EXAMPLE 3
CYBERBULLYING			

EXAMPLES OF CYBER BULLYING...



WHAT CAN YOU DO?

1

Don't reply - most of the time the bully is looking for a reaction when they're teasing or calling someone nasty names.

2

Block the person or the number and report them to the provider, e.g. Instagram, Snap Chat, Xbox Live, etc.

3

Save the evidence – Take screen shots of any cyber-bullying so that you have something to show when you report the cyber-bullying.

4

Remember – tell a trusted adult who can help as soon as possible. Also tell a trusted adult if you know someone else is being bullied.



ONLINE GROOMING



WHAT IS ONLINE GROOMING?



- Grooming is about building a relationship with a child in order to later abuse them.
- This can be far easier online.
- Groomers may use online gaming, live streaming platforms and social media.
- A groomer can create multiple online identities and even pretend to be children and young people to trick real children into chatting and sharing.
- They can find out a lot about an individual before they make contact by looking at the things the child has posted.
- Using this information, they can target children and carefully plan what they will say and show an interest in.
- They can also contact lots of children very quickly in the hope that one will respond.





ONE MISTAKE COULD PROVE FATAL...

- Breck Bednar was a 14-year-old boy who was groomed over online gaming.
- Breck befriended an unknown male while playing games online, such as Call of Duty and Battlefield.
- The male groomed Breck online using their shared interest in computer games and over a period of months he manipulated Breck, turning him against his family.
- The male invited Breck to his home. Breck told his family he was staying at a friend's and went to the male's home, where he was murdered.





- Is Keith Internet Safe?!
- **NO!**
- What are the problems with Keith's Snapchat?
- Is Jamie internet Safe?!
- **YES!**
- Always be on GHOST mode!



TIKTOK...

**TikTok
trends to
look out for;**

Black-out
challenge

Silhouette
challenge

Penny
challenge

Beer –
Basketball
challenge

Cha Cha slide
challenge

Throw it in
the air
challenge

Tooth filing
challenge

Morning-after-
pill challenge



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- TikTok has become a popular social media app, especially among young people and teenagers. In fact, the TikTok trend has gone beyond simple dance moves and upgraded into jokes, tracks, combined video formats, etc. Most of the content on TikTok is relatively harmless, not to mention that some are highly creative.
 - However, reports of issues that surfaced recently have shown that TikTok trends can be life-threatening, posing great danger to kids trying to gain attention in the platform works on short video.
 - These are the types of Tik Tok trends that harm children physically and mentally, and your child imitating these trends will risk injury or, worse, death.
 - Don't forget that the prefrontal cortex – a part of a brain that is responsible for analyzing, self-control and awareness is not fully developed in children/teenagers, that's why teens and adolescents during puberty are often easily influenced by external factors.
 - They are **easy to believe and quickly try out** what they see online, especially when your kids see their friends try out those TikTok trends. Children are still learning to judge what is right and what is wrong. It is your responsibility to teach them what is suitable and what is not.

PARENT'S RESPONSIBILITIES...

- Start a conversation with your children about online safety.
- Set up parental controls.

Parental controls can help you to:

- *plan what time of day your child can go online and how long for*
- *create content filters to block apps that may have inappropriate content*
- *manage the content different family members can see.*
- Check your child's phone regularly to see what they are accessing.

More top tips include:

- Talking to your child. Explain why you are setting parental controls; to keep them safe. But also let them know that they can talk to you to discuss why certain settings are in place.
- Set good, strong passwords where you are able. On some parental controls you can set a password which prevents settings and features from being changed.
- Age is a significant factor; as children get older, restrictions and controls you use will change, but only at a pace that is appropriate for your child, not pressure from your child “because everyone else is allowed”.
- Content filters are never 100% effective, it is likely at some point that your child will see inappropriate or upsetting content and it is important that you are able to talk to them about this.

STAYING SAFE ONLINE

catch
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AS A PARENT OR CARER YOU CAN **MONITOR** YOUR CHILD'S INTERNET USE, **SET PARENTAL CONTROLS**, AND **PREVENT CERTAIN APPS** BEING DOWNLOADED IN THE FIRST PLACE.

We don't endorse any app over another and new apps or controls are in place everyday, which some net-savvy young people can get around.

THE MOST EFFECTIVE WAYS TO KEEP A CHILD SAFE ARE TO...

#1

SHOW INTEREST IN THEIR LIFE AND WHAT APPS THEY ARE USING AND HOW THEY WORK

#2

MODEL RESPONSIBLE SOCIAL MEDIA BEHAVIOUR YOURSELF

#3

TALK TO YOUR CHILD ABOUT WHAT IS GOING ON ONLINE AND WHO THEY ARE TALKING TO

#4

ENSURE YOU HAVE YOUR YOUNG CHILD'S **PASSWORDS** AND PINS FOR DEVICES AND APPS

#5

LISTEN IF THEY SEEM DOWN OR CONCERNED ABOUT ANYTHING THEY HAVE SEEN OR EXPERIENCED ONLINE

#6

REPORT ANY SERIOUS CONCERNS OR SEEK FURTHER HELP

Latest information and advice about parental controls and monitoring can be found on a number of websites, including:



Childnet
International



National
Online
Safety