



Stanhope Barrington C of E
Primary School

Westcroft
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Head Teacher: Mrs D Cross

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Dear Parent/Carer

4th May 2022

RE: Year 5 and 6 London Trip Menu Choices

Please see below the choice of evening meal and packed lunch available for our stay in London. A continental and full English breakfast, with vegan and vegetarian options, will be available in the morning and does not need to be pre-ordered.

Packed lunches contain a sandwich, bag of crisps, biscuit bar and a piece of fruit. There are no drinks available as the YHA Lee Valley operates a zero single-use plastic policy, therefore your child must bring a refillable water bottle with them on the trip.

Please tick the boxes below to indicate which sandwich filling and evening meal option your child would prefer. It is advisable to make this selection with your child to ensure they have something they will enjoy during the trip. Menu choices must be returned by Thursday 12th May.

Sandwich Choice

Name of Child:	
Simply Ham – 318 kcal	
Simply Cheese – 380 kcal	
Simply Egg Mayo – 414 kcal	
Simply Cheese & Onion – 544 kcal	
Simply Chicken Mayo - 479 kcal	
Simply Tuna Mayo – 437 kcal	
Egg & Cress – 527 kcal	
Chicken & Sweetcorn – 307 kcal	
Tuna & Sweetcorn – 305 kcal	

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Evening Meal Choice
(Choose one main and one dessert option)

Mains	
Red tractor British beef burger with fries and corn on the cob – 1018 kcal	
Quorn buttermilk vegan burger with fries and corn on the cob (v) – 873 kcal	
Jacket potato with cheese & beans (optional) (v) – 657 kcal	
Dessert	
Sugared waffles with chocolate sauce and cream (v) – 515 kcal	
Choc ice (v) – 171 kcal	
Fresh fruit (v)	

Most of the food during the trip will be provided for the children however, we ask that you provide your child with a packed lunch and drink to bring on the bus for the journey to London. Some basic breakfast items such as fruit and cereal bars will be given to the children on the journey down.

Yours Sincerely

Mrs A Green
 Acting Deputy Head Teacher

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