

Covid-19 Absence from school – Action Guide for Parents

| What should I do if? | Action needed ... |
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| <p>My child is feeling ill with Covid-19 symptoms of:</p> <ul style="list-style-type: none"> • a high temperature – this means your child feels hot to touch on their chest or back • a new, continuous cough – this means coughing a lot for more than an hour, or 3 or more coughing episodes in 24 hours • a loss or change to your sense of smell or taste – this means your child cannot smell or taste anything, or things smell or taste different to normal. <p>Most children with Covid-19 have at least one of these symptoms.</p> | <p>PLEASE DO NOT SEND YOUR CHILD TO SCHOOL.</p> <p>The whole household (including those in the same support bubble) must self-isolate. Your child will need to isolate for 10 days from the start of symptoms; the rest of the household should isolate for 14 days. If your child is in school when these symptoms develop they will be sent home along with any siblings from the household and asked to self-isolate in light of guidance above.</p> <p>You should book a test for your child using this link here, or by phoning 119.</p> <p>Please note - <u>only</u> the person with symptoms should be tested and there is <u>no</u> need for others in the household to have a test, unless they also have any of the symptoms mentioned. If your child tests negative please refer to further guidance below.</p> <p>Make sure you tell the school immediately about the result of the test.</p> |
| <p>My child is feeling ill with other symptoms such as a sore throat, runny nose or a headache.</p> | <p>You should act in the same way as you would have done before the pandemic. This may involve sending your child to school or keeping them at home, depending on the nature and severity of symptoms. Of course you should seek medical advice via your GP or NHS direct on 111 if you would normally do so.</p> <p>Please note – if your child has sickness or diarrhoea they should not return to school until 48 hours after the last bout of this, as is normal policy.</p> <p>Please also note that if your child appears to school to have Covid-19 symptoms such as persistent coughing or a temperature, school will err on the side of caution and send your child home along with any siblings so that the whole household can self-isolate in line with advice above.</p> |
| <p>Someone in my household or support bubble has Covid-19 symptoms</p> | <p>PLEASE DO NOT SEND YOUR CHILD TO SCHOOL.</p> <p>The whole household must self-isolate and the person with symptoms should book a test using this link here, or by phoning 119.</p> |
| <p>Someone in my household or support bubble tests positive for Covid-19</p> | <p>PLEASE DO NOT SEND YOUR CHILD TO SCHOOL.</p> <p>The whole household should isolate for 14 days. The person who has tested positive must isolate for 10 days from the start of symptoms, and until there is no fever for 48 hours.</p> |
| <p>Someone in my household with symptoms tests negative for Covid-19</p> | <p>Your child can return to school, assuming they are well, and no one in the household or support bubble has any further Covid-19 symptoms.</p> |

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| My child tests positive for Covid-19 | <p>PLEASE DO NOT SEND YOUR CHILD TO SCHOOL.</p> <p>Your child must isolate for 10 days from the start of symptoms, and until there is no fever for 48 hours. The rest of the household should isolate for 14 days.</p> <p>Please inform school straightaway of a positive test.</p> |
| My child tests negative for Covid-19 (test done when the child had symptoms) | <p>Your child can return to school, assuming they are well, and no one in the household or support bubble has any Covid-19 symptoms.</p> <p>However, please note that if your child has been identified as a close contact of someone who has tested positive for Covid-19 by Test and Trace and has been asked to self-isolate as a result they should not return to school for 14 days even if they have a negative test.</p> |