

Resilience Audit for Parents

*		Red	Amber	Green	Don't know	What the school does well?	What actions might the school take to improve in this area?
Belonging	<p>My child is well looked after at this school.</p> <p>My child has positive relationships with adults in this school.</p>						
Basics	<p>My child feels safe at this school.</p>						
Coping & Core Self	<p>My child has access to all activities / sports at this school.</p> <p>This school encourages my child's talents and interests.</p>						
Learning	<p>My child is taught well at this school and expectations are high.</p> <p>Achievements are celebrated in this school (letters home, certificates, celebration assembly).</p>						

Developed in partnership with

YOUNGMINDS
The voice for young people's mental health and wellbeing

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Coping	<p>I know how to raise issues with school.</p> <p>The school responds well to any concerns I raise.</p>						
Coping	<p>My child knows where to go to seek help in school.</p> <p>Communication in this school is effective – all issues regarding my child are passed onto me (informal and formal).</p>						
Belonging & Core Self	<p>My child is involved in activities to help the local community.</p>						
Commitment	<p>I understand what 'resilience' is.</p> <p>I am confident that I know how to develop my child's resilience.</p>						

Belonging	My child is happy at this school.						
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